

TRIO OF SALADS

1. CHERRY TOMATO, SPINACH AND WHITE BEAN SALAD (VG)

Cherry tomato, white bean, spinach and parsley with a garlic, lemon and olive oil dressing

(SULPHITE)

2. PEA AND MINT SALAD WITH FETA (V)

Garden pea, red onion, mint, feta and sunflower seed with a mustard, agave, lemon and olive oil dressing

(MILK/SULPHITE/MUSTARD)

3. CHIVE AND RED ONION POTATO SALAD (V)

Baby potato, red onion and chive with a mustard infused mayo dressing

(SULPHITE/MUSTARD/EGG)

STEW

VEGETABLE CHILLI (VG)

onion, garlic, garam masala, red chilli, smoked paprika, carrot, sweet potato, mixed peppers, mixed beans, tomato puree, chopped tomatoes, stock

(CELERY/SOYA/MUSTARD)

SOUP

THAI SPICED BUTTERNUT SQUASH SOUP (VG)

onion, garlic, ginger, chilli, lemongrass, coconut oil, sweet potato, butternut squash, coconut milk, coriander, lime juice, stock

(CELERY/SOYA/SULPHITE)